

Home Discipleship Group
University United Methodist Church, Lake Charles
Week of 2.19.18

Lyrics of worship song:

*The riches of this world will fade
The treasures of our God remain
Here I empty myself to owe this world
Nothing and find everything in You*

*I surrender, I surrender
I surrender all to You
Take my life, a sacrifice
In You alone I'm satisfied
Here I empty myself to owe this world
Nothing and find everything in You
Everything in You*

*I surrender, I surrender
I surrender all to You
I surrender, I surrender
I surrender all to You
Not my will, but Yours be done
Not my strength, but Yours alone
Nothing else, but You oh Lord
I find everything in You*

*I surrender, I surrender
I surrender all to You
I surrender, I surrender
I surrender all to You*

Alternative Song: UMH 504 The Old Rugged Cross

Scriptures to consider:

⁵“And when you pray, do not be like the hypocrites, for they love to pray standing in the synagogues and on the street corners to be seen by others. Truly I tell you, they have received their reward in full. ⁶ But when you pray, go into your room, close the door and pray to your Father, who is unseen. Then your Father, who sees what is done in secret, will reward you. ⁷ And when you pray, do not keep on babbling like pagans, for they think they will be heard because of their many words. ⁸ Do not be like them, for your Father knows what you need before you ask him. ¹⁶“When you fast, do not look somber as the hypocrites do, for they disfigure their faces to show others they are fasting. Truly I tell you, they have received their reward in full. ¹⁷ But when you fast, put oil on your head and wash your face, ¹⁸ so that it will not be obvious to others that you are fasting, but only to your Father, who is unseen; and your Father, who sees what is done in secret, will reward you.

Selected verses from Matthew 6

Jesus said [to Paul], “My grace is sufficient for you, for my power is made perfect in weakness.” I will all the more gladly exult in my weakness, that the power of Christ may rest upon me. For the sake of Christ, then, I am content with weaknesses, insults, hardships, persecutions, and calamities; for when I am weak, then I am strong.

2 Corinthians 12:9-10

Questions:

1. How is your soul? (Traditional Wesleyan Small Group Question)
2. How have you struggled in your own life between the difference of shame vs. guilt? If it is still a struggle for you, how has this hardship impacted your life? If you have been freed from some of that struggle, what experiences, mentors, practices, helped you to offer more grace for yourself there?
3. How can we pray for you this week and during the season of Lent to be strengthened in God and to turn away from that which distracts you and me from life transformation?